

Recovery Supports for Helpline Callers

Non-GA but gambling recovery supports

New website: <https://gamblersinrecovery.com/>

This website is not official GA or Gam-Anon, but it gives you access to all the world-wide Zoom meetings.
Meetings for gamblers and friends & families

New Resource:

Problem Gambling Support group – meetings via Zoom at regular times, also has chat support. It is not GA but has been established to engage younger people. Meeting are everyday of the week with participants from US, Canada, England, Ireland, Poland, Turkey & Australia. Most participants are in their early 20's & 30's.

Must email : jeffreypwasserman@gmail.com to get more information.

Facebook groups:

GA Support Group – private – must ask to join - <https://www.facebook.com/groups/135948856594549>

Gambling Addiction and Recovery— private – must ask to join - <https://www.facebook.com/groups/247988812578742>

In person & Zoom Gamblers Anonymous Meetings as of 9.21.2020

All other GA meetings are suspended until further notice. All group sizes limited are limited to 10.

For information on phone meetings go to these websites:

<http://newenglandga.com/>

<https://ctwmaga.org/news>

http://www.trusteewebsite.com/committee_files/teleconfcall/conference_call_info_4-2020.pdf

New England Gamblers Anonymous Phone Numbers:

(888) 830-2271 – Hotline for all New England States

855-222-5542 – Ct/WMA

(718) 352-1671 – Gam-Anon for Family and Friends Support

(855) 222-5542 – Gambler's Anonymous International Hotline

GA ZOOM Meetings

Monday 7 pm Northampton Meeting – Zoom

Join Zoom Meeting

<https://us02web.zoom.us/j/75327514000?pwd=TXprMUhrV3I4VVRCTi8xdXVpeU5FQT09>

Meeting ID: 753 2751 4000

Passcode: AfK6z9

One tap mobile

+19294362866,,75327514000#,,,,,0#,,314751# US (New York)

+13017158592,,75327514000#,,,,,0#,,314751# US (Germantown)

Dial by your location

+1 929 436 2866 US (New York)

+1 301 715 8592 US (Germantown)

+1 312 626 6799 US (Chicago)

+1 669 900 6833 US (San Jose)

+1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)

Meeting ID: 753 2751 4000

Passcode: 314751

Find your local number: <https://us02web.zoom.us/j/75327514000?pwd=TXprMUhrV3I4VVRCTi8xdXVpeU5FQT09>

Wednesday 7pm to 9 pm Longmeadow Meeting - Zoom

Join Zoom Meeting

<https://zoom.us/j/259713541>

Meeting ID: 259 713 541

One tap mobile

+16465588656,,259713541# US (New York)

+13126266799,,259713541# US (Chicago)

Dial by your location

+1 646 558 8656 US (New York)

+1 312 626 6799 US (Chicago)

+1 669 900 6833 US (San Jose)

+1 253 215 8782 US

+1 301 715 8592 US

+1 346 248 7799 US (Houston)

877 369 0926 US Toll-free

855 880 1246 US Toll-free

Meeting ID: 259 713 541

Saturday 10 am Holyoke Meeting Topic Meeting - Zoom

Join Zoom Meeting

<https://lesley.zoom.us/j/8198532703?pwd=R2t6NzJxRUVRcnk2cEV6dDdpazZBZz09>

Meeting ID: 819 853 2703

Passcode: Lesley

One tap mobile

+19292056099,,8198532703#,,,,,0#,,950764# US (New York)

+13017158592,,8198532703#,,,,,0#,,950764# US (Germantown)

Dial by your location

+1 929 205 6099 US (New York)

+1 301 715 8592 US (Germantown)

+1 312 626 6799 US (Chicago)

+1 669 900 6833 US (San Jose)

+1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)

Meeting ID: 819 853 2703

Passcode: 950764

In-Person Meetings

MASSACHUSETTS

Sunday - Holbrook meeting is open. 12 noon - 1:30 pm – R

Temple Beth Shalom

85 Plymouth Street

Holbrook, MA 02343 (front entrance/2nd floor)

The meeting will be following social distancing requirements and masks will be required for each member attending the meeting. There will be no tables set up and all chairs will be six feet apart. If there is an overflow of people, there will be an additional meeting downstairs.

Monday - Watertown (former Newton Monday)meeting is open. 7:00 pm- 8:30 pm – R,

Grace Vision Church(formerly St. John's Church)

(enter on Mt. Auburn)

Young Adult Room

80 Mt. Auburn St. (Rt. 16)

Watertown, MA 02472

The Newton Monday meeting is temporarily moving to Grace Vision Church 80 Mount Auburn Street Watertown MA. The first meeting at this location will be September 21st. This is the same location that the Friday night Watertown meeting is held. The meeting on Monday nights will be held in the same room as the Watertown Friday night meeting and the meeting time will be 7:00 pm to 8:30 pm.

Masks are required and the room will be set up for social distancing.

Monday - Millbury meeting is open. 8 pm - 9:30 pm – R, H, S

Our Lady of Assumption

10 Waters St.

Millbury, MA 01527 (on 2nd Monday use side door)

The meeting is indoors. The room is set up for social distancing and a mask is required.

Monday - South Dartmouth meeting open. 6:30-8 pm – R, H

St. Mary's Church (basement)

783 Dartmouth Street

South Dartmouth, MA 02747

Meetings moved the meeting indoors effective immediately. In accordance with the parish's requests meetings will be limited to 15 for now, social distancing is mandated, and masks should be worn.

Tuesday - Canton meeting is open. 7:30 pm – 9:00 pm– O

Trinity Episcopal Church

1 Blue Hill River Rd. (Rt.138)

Canton, MA 02021

The meeting is being held indoors. Masks are required and the room will be set up for social distancing.

Tuesday - Worcester meeting is open. 7:00– R, Step

Cathedral of Saint Paul

38 High St.

Worcester, MA 01608

Parking is available across the street in the rectory parking lot. The side entrance next to the statue of Saint Francis is where to go to attend the meeting. The meeting is indoors. The room is set up for social distancing and a mask is required.

Wednesday - West Bridgewater meeting is open 12:15 pm - 1:30 pm – R

Cochesett United Methodist

Church (Int. of Rte. 106 & 24)

517 West Center Street

West Bridgewater, MA 02379

The room has a nineteen-person capacity. Masks are required and the room will be set up for social distancing.

Wednesday - Holbrook meeting is open. 7:00 pm – 8:30 pm – R

Temple Beth Shalom

85 Plymouth Street

Holbrook, MA 02343 (front entrance/2nd floor)

The meeting will be following social distancing requirements and masks will be required for each member attending the meeting. There will be no tables set up and all chairs will be six feet apart. If there is an overflow of people, there will be an additional meeting downstairs.

Thursday - Plainville meeting is open. 7:00 pm – 8:30 pm – R

It will temporarily be meeting **outdoors** at Telford Park in Plainville on route 1A directly across the street from the Cumberland Farms gas station. Bring your own chair and social distancing will be maintained.

Thursday - Hanson meeting 7:00 pm - 8:30 pm – O

St. Joseph the Worker Church

1 Maguan St. (Int. Rt. 14 & 58)

Hanson, MA 02341

- 1) Everyone is required to wear masks for the meeting
- 2) People are encouraged to use bathrooms prior to coming to the meeting.
- 3) Chairs would be set up 6-8 feet apart.
- 4) Hand sanitizer would be available
- 5) A log would be kept in order to provide any necessary contact tracing.
- 6) People would be asked to
 - Take their temperature prior to meetings
 - Not come to the meeting if feeling sick
 - When exiting meetings, stay 6 feet apart from each other
 - Cleaning supplies will be available to wipe down all chairs, doorknobs, light switches, and common use areas.

Thursday - Taunton meeting is open 7:00 pm – R, H

United Memorial
Methodist Church
176 Somerset Ave.
Taunton, MA 02780

The meeting will be held in the grand hall located downstairs in the church. Parking is available on either side of the church. Masks will be required, and the room will be set up for social distancing. The church is also requiring everyone that goes to the meeting to sign a waiver of liability that states the church will not be held liable if someone contracts Covid.

Thursday - Longmeadow meeting is open. 10:00 am – R, H

First Church of Christ
763 Longmeadow Street. (Int. of Rte. 5 & 192)
Longmeadow, MA 01106

The meeting is indoors. The room is set up for social distancing and a mask is required.

Thursday - Longmeadow meeting is open. 6:30 pm – R, GM (Gam anon) H

First Church of Christ
763 Longmeadow Street.
(Int. of Rte. 5 & 192)
Longmeadow, MA 01106

6:30 pm – R, GM, H

The meeting is indoors. The room is set up for social distancing and a mask is required.

Friday – Watertown meeting is open. 7:30 pm-9 pm – R,

Grace Vision Church(formerly St. John's Church)
(enter on Mt. Auburn)
Young Adult Room
80 Mt. Auburn St. (Rt. 16)
Watertown, MA 02472

Masks are required and the room will be set up for social distancing.

NEW HAMPSHIRE

Thursday - Hampstead NH meetings are open. 7:30 pm – O, H

Congregational Church
61 Main St (Rt. 121)
Hampstead, NH 03841
7:30 pm – O, H

The meetings will be held inside in the big hall. The hall will be set up for social distancing and a mask is required.

RHODE ISLAND

Sunday - Rumford meeting is open 6:00 pm - 7:30 pm – C, S

Church of the Epiphany
1336 Pawtucket Ave.
Rumford, RI 02196

It will meet in parking lot. Bring your own chair. Social distancing practice and mask is personal preference, it is not required.

Gambling Recovery Support Apps

GAT – 12 Step Gamblers Anon. – FREE – 4.8 rating out of 5

<https://apps.apple.com/us/app/12-steps-gamblers-anonymous-ga/id796268144>

Gambling Addiction Calendar – FREE – 5.0 out of 5

<https://apps.apple.com/us/app/gambling-addiction-calendar-join-no-gambling-movement/id1112385176>

BetBlocker – FREE -3.1 out of 5 - <https://betblocker.org/>

Gambling/Bet Blocker - \$5/month after the risk-free 3-day trial – 4.6 out of 5

https://play.google.com/store/apps/details?id=gambling.site.blocker.goodbye.gambling&hl=en_US

GamBan – Monthly Fee \$3.59/month – 3.8 out of 5 - <https://gamban.com/>

BFBrowser – Monthly Fee – 3.4 out of 5 <https://apps.apple.com/us/app/bf-browser/id1089193655>