

Youth, Families and Gaming Disorder

Presented by: Dr. Jeff Derevensky, Dr. Hilarie Cash and Dr. Sally Gainsbury

Date/Time: December 14, 2020 from 12:45-5:30pm EST
Cost: \$70
CEU's: 4

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Join leading experts in the field for an in-depth look at Gaming Disorder and Youth. We will also hear from family members deeply impacted by gaming and the path to healing and recovery for themselves and their loved ones who struggle with problematic gaming behavior. This will be a three-part training with opportunities for networking and questions.

Dr. Jeff Derevensky - Are Videogames Safe and Do they Make a Good Gift?

Both gaming and gambling are particularly attractive to youth and are among the fastest growing industries. The online gaming market continues to grow exponentially. Whether one is using a gaming console, tablet, computer or smartphone, games can be played 24 hours a day, 7 days per week. While there are educational games designed to teach a multitude of skills, there are major concerns over excessive gaming. At the same time, there are real concerns with respect to the migration between gaming and gambling. Dr. Derevensky will discuss both the positive aspects associated with gaming and the negative consequences of excessive gaming. As well, he will highlight the concerns over the migration of gaming activities and gambling.

Objectives:

- Review the current research concerning the positive attributes of gaming.
- Discuss the history of gaming and research related to excessive gaming.
- Explore the relationship between gaming and gambling.
- Offer specific suggestions concerning therapeutic interventions for problem gamers.

Dr. Hilarie Cash - Panel Discussion: Family Recovery from Gaming

Hear real-life stories from the families of those who have struggled with Gaming Disorder. Discover how the whole family was impacted, learn signs of a developing problem, learn how to support someone who is in recovery from a gaming disorder, and be inspired by what families did to find help both for themselves and for their loved one. Facilitated by Dr. Hilarie Cash PhD, Co-Founder and Chief Clinical Officer of reSTART Life, an Internet Addiction Recovery Program.

Objectives:

- Identify how gaming problems can affect the whole family.
- Understand ways that family can support their loved one's recovery from gaming.
- Learn about ways that loved ones, impacted by the gaming behaviors of another, can find help for their own healing.

Dr. Sally Gainsbury- Youth gambling, gaming and mental health: Implications for Helping Professionals

Internet technology has made gambling more accessible than ever. Young people are gambling online and playing online games that incorporate gambling themes and mechanics. This can lead to serious problems for young people with significant mental health implications. In this webinar, Associate Professor Sally Gainsbury, Director of the University of Sydney Gambling Treatment and Research Clinic, will discuss how teens are using online gambling and gambling within online games and the impact of this on mental health, with some observations on service delivery responses.

Objectives:

1. Identify three ways that gambling and gaming are converging
2. Discuss the impact of gambling-gaming convergence on mental health
3. Explore the implications of this convergence on gambling treatment

**Please note that this is a training held in conjunction with the Evergreen Council in Washington State. You will receive a document with the Zoom links shortly before the training. Please be aware that any communications that reference times should be assumed to be in Pacific Standard Time. Questions regarding the registration links should be directed to Kathy Bishop at kbishop@evergreencpg.org. All other questions should be directed to Odessa Dwarika at odessa@macgh.org.*