

## Video Gaming Treatment Resources 2023

### Outpatient Treatment

**Emanuel Aaron**, LICSW, LADCI, CADCI, CCS, MA-GHS, SAP, CCTP, CCTSI  
Counseling and Therapy Center LLC  
**Currently Telehealth Services Only**  
128 S. Main St., **Orange, MA 01364**  
Phone: 201-253-8012 Fax: 978-673-8060  
(email) [eaalicsw@gmail.com](mailto:eaalicsw@gmail.com)  
Mon- Friday 10 AM to 8 PM

**Ralph Cahoon**, LICSW, LADC-I, MA-GHS,  
**Currently Telehealth Services Only**  
947 Main St., **Yarmouth Port, MA 02675**  
Phone: 508-332-8422  
(email) [SpartinaCounseling@comcast.net](mailto:SpartinaCounseling@comcast.net)

**Carissa DeMello**, LICSW, MA-GHS,  
Center for Self-Care CSC  
Children in Balance  
575 East Main Rd., Wyatt Square Plaza, **Middleton, RI 02842**  
Phone: 401-924-3924  
(email) [info@cibalance.com](mailto:info@cibalance.com)

**Kyle E. Jette-Pina**, LADCII/NCACI  
Luminosity Behavioral Health  
157 Main St.,  
Brockton, MA 02301  
Phone: (781) 344-0102  
[kpina@lbhsinc.org](mailto:kpina@lbhsinc.org)

**Chris Jones**, CADC, NCTTP, MA-GHS  
Senior Case Manager  
GAAMHA Supportive Housing  
208 Coleman St., **Gardner, MA 01440**  
Office: 978-632-0934 x352  
Mobile: 978-407-3111  
[cjones@gaamha.org](mailto:cjones@gaamha.org)

**Tracey D. Little**, LCSW  
Community Concern LCWS Services  
13420 87<sup>th</sup> Ave., Apt 4d  
Richmond Hill, NY 11418-1905  
Phone: (646) 671-7581  
[Tlittle.c4c@gmail.com](mailto:Tlittle.c4c@gmail.com)

**Tim Pritchard**, LADC1, CADC, MA-GHS,  
New England Aftercare Ministries, In. Bridge House  
18 Summit St., **Framingham, MA 01702**  
Phone: 508-872-6194 x103  
[Tim@thebridgehouse.org](mailto:Tim@thebridgehouse.org)

**Lisa Rogers**, LADC-1, MA-GHS, SSTAR  
386 Stanley Street & 400 Stanley St., **Fall River, MA 02720**  
Phone: 508-730-3303  
[lrogers@sstar.org](mailto:lrogers@sstar.org)

**Devonna Rowlette**, SUDP, WSCGII

Nisqually Behavioral Health

4840 Journey St. SE

Olympia, WA 98513

Phone: (360)413-2727

[Devonna.Rowlette@NisquallyHealth.org](mailto:Devonna.Rowlette@NisquallyHealth.org)

**Thomas Wright**, D. Min, MSW, LICSW, LADC1, MA-GHS,

**Currently seeing clients both in-person & telehealth**

1200 Converse Street, L-3, Longmeadow, MA 01106

Phone: 413-875-5885

### **MD/Psy.D level Gaming Disorder Specialists**

#### **Children's Hospital in Boston**

Center on Media and Child Health, Digital Wellness Lab

300 Longwood Ave., Boston 02115

Phone: (617) 355-9447

Email: [dwl@childrens.harvard.edu](mailto:dwl@childrens.harvard.edu)

[www.cmch.tv/](http://www.cmch.tv/)

#### **Dr. Ed Spector, Psy.D**

110 North Washington St., Suite 204

Rockville, MD 20850

Phone: (202) 441-4834

Email: [espector@spectorthrapy.com](mailto:espector@spectorthrapy.com)

[www.spectorthrapy.com/wp/](http://www.spectorthrapy.com/wp/)

#### **Dr. Clifford Sussman, M.D.**

Child, Adolescent, and Adult Psychiatrist

Internet and Gaming Addiction Specialist

5410 Connecticut Ave., NW, Suite 112

Washington, DC 20015

Phone: (202) 248-4346

Email: [cliffordsussmanmd@gmail.com](mailto:cliffordsussmanmd@gmail.com)

[www.cliffordsussmanmd.com](http://www.cliffordsussmanmd.com)

### **In-Patient Treatment**

Greenfield Recovery Center

63 N County Rd.

Bernardston, MA 01337

866-277-1413

[www.greenfieldcenter.com](http://www.greenfieldcenter.com)

### **reSTART**

#### **Bellevue WA Campus**

2002 156th Ave NE, Suite 100

Bellevue, WA 98007

800-682-0670

[www.restartlife.com](http://www.restartlife.com)

reSTART your life: call 800.682.6934 or Chat: [hello@restartlife.com](mailto:hello@restartlife.com)

## Self-help for Video Gaming and Digital Addiction



<https://forum.gamequitters.com/>

**Game Quitters** is an educational resource, support community and advocacy organization for those who want to quit playing video games or learn healthier gaming habits. The forum has members from 95 countries who provide peer support through journaling, tips, strategies and friendship.

<https://www.facebook.com/GameQuitters>

Game Quitters has a closed Facebook group called the Game Quitters Parent Support group.

This group is for parents or loved ones who are looking for support for their children's video game or technology addiction challenges.

<https://www.facebook.com/groups/234660037000181>



**Computer Gaming Addicts Anonymous** is a fellowship of people who support each other in recovering from the problems resulting from excessive game playing. CGAA is not affiliated with any political agenda, religion, or outside interests. Our single purpose is to abstain from video gaming and to help others find freedom from compulsive gaming. Here you will find resources including access to virtual and in-person meetings, including a women's only meeting.

<https://www.cgaa.info/>

Facebook link: <https://www.facebook.com/ComputerGamingAddictsAnonymous>

**Computer Gaming Addicts Anonymous** has a Family and Friends Zoom meeting on Thursdays at 10 PM EST/ 7 pm ESY for parents and other family to support each other in dealing with compulsive video gaming within the family.